

## Chapter 6: Oscillations

### 6.1 Introduction

Oscillations are periodic fluctuations around a stable equilibrium point. This unit is critical for engineers because almost every physical system, whether a skyscraper, a vehicle suspension, or an AC circuit, has a natural frequency at which it wants to vibrate. Understanding how to model, damp, or drive these vibrations is fundamental to structural stability and signal processing.

### 6.2 Types of Oscillations

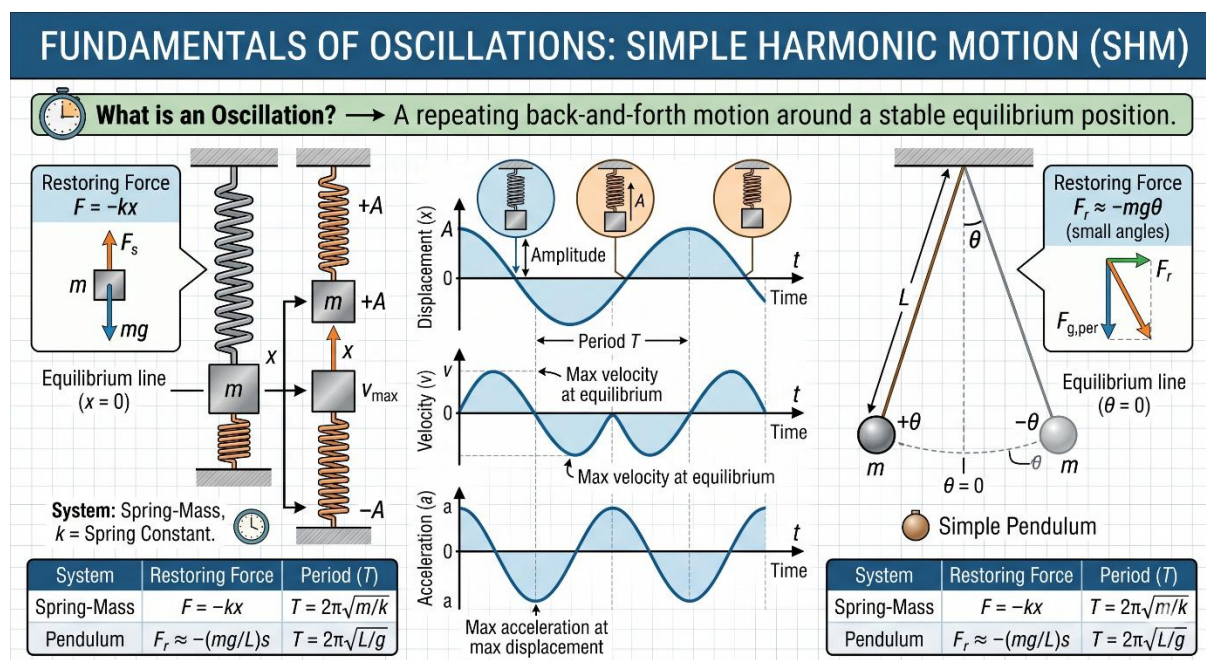


Figure 6.1: Illustration for Oscillations and SHM

### Simple Harmonic Motion (SHM)

SHM is the simplest model of oscillation where the system contains no friction (conservative system).

**The Condition for SHM:** Restoring force is linear and opposite to displacement (Hooke's Law):  $F_{restoring} = -kx$

**Equation of Motion:** Applying Newton's 2nd Law ( $F = ma$ ):

$$m \frac{d^2x}{dt^2} = -kx \Rightarrow \frac{d^2x}{dt^2} + \frac{k}{m}x = 0$$

Defining the **natural angular frequency**  $\omega_n = \sqrt{\frac{k}{m}}$ :

$$\frac{d^2x}{dt^2} + \omega_n^2 x = 0$$

**The Solution:** The displacement as a function of time is sinusoidal:

$$x(t) = A \cos(\omega_n t + \phi)$$

$A$ : Amplitude (determined by initial energy)

$\phi$ : Phase constant (determined by initial position/velocity)

### Energy in SHM

In an ideal SHM system, mechanical energy is conserved and continuously converts between potential and kinetic forms.

- **Potential Energy (U):** Stored in the spring.

$$U(t) = \frac{1}{2} kx^2 = \frac{1}{2} kA^2 \cos^2(\omega_n t + \phi)$$

**Kinetic Energy (K):** Possessed by the moving mass.

$$K(t) = \frac{1}{2} kv^2 = \frac{1}{2} m\omega_n^2 A^2 \sin^2(\omega_n t + \phi)$$

**Total Energy (E):**

$$E = K + U = \frac{1}{2} kA^2 = \text{constant}$$

## Damped Harmonic Motion

Real systems lose energy to their environment (friction, air resistance, viscosity).

This is modelled by a damping force proportional to velocity.

**The Damping Force:**  $F_d = -bv = -b \frac{dx}{dt}$

where b is the damping constant.

**Equation of Motion:**  $m \frac{d^2x}{dt^2} + b \frac{dx}{dt} + kx = 0$

**Regimes of Damping:** The behavior is determined by comparing the damping term to the restoring force term. We often define the damping parameter  $\gamma = \frac{b}{2m}$ .

**Underdamped ( $\omega_n > \gamma$ ):** The system oscillates with decaying amplitude. The envelope of decay is exponential:  $Ae^{-\gamma t}$ .

**Critically Damped ( $\omega_n = \gamma$ ):** The system returns to equilibrium as fast as possible *without* overshooting or oscillating. **Crucial for engineering applications like vehicle shock absorbers.**

**Overdamped ( $\omega_n < \gamma$ ):** The damping is so strong that the system returns to equilibrium very slowly (sluggishly).

## Forced Oscillations and Resonance

Occurs when an external periodic driver acts on the system:  $F_{ext}(t) = F_0 \cos(\omega_{dr}t)$ .

**Equation of Motion:**  $m \frac{d^2x}{dt^2} + b \frac{dx}{dt} + kx = F_0 \cos(\omega_{dr}t)$

### Steady State Solution:

The system eventually oscillates at the driving frequency ( $\omega_{dr}$ ), not its natural frequency.

### **Resonance:**

When the driving frequency matches the natural frequency ( $\omega_{dr} \approx \omega_n$ ), the amplitude of oscillation peaks dramatically.

- **Q-Factor:** A measure of the "sharpness" of resonance. High Q means low damping and sharp resonance (e.g., a tuning fork). Low Q means high damping and broad resonance.

### **Applications of Oscillations in Engineering**

#### **Mechanical Systems**

- **Suspension Systems:** Car shock absorbers are designed to be critically damped so that after a bump, the car returns to a steady level immediately without bouncing.
- **Structural Engineering:** Skyscrapers incorporate "Tuned Mass Dampers" massive pendulums near the top floor to counter oscillations caused by wind or earthquakes.

#### **Electrical Systems (The RLC Circuit)**

There is a direct mathematical equivalence between mechanical and electrical oscillations.

**Inductor ( $L$ ):** Acts like Mass ( $m$ ) – resists changes in current (velocity).

**Capacitor ( $C$ ):** Acts like a Spring ( $k$ ) – stores potential energy in an electric field.

**Resistor ( $R$ ):** Acts like the Damping constant ( $b$ ) – dissipates energy as heat.

**Application:** Radio tuners work by adjusting capacitance to create **Resonance** at a specific broadcast frequency, filtering out all other signals.

## Optical and Atomic Systems

- **Quartz Crystals:** Used in watches and computers, these vibrate at a precise resonant frequency due to the piezoelectric effect, acting as the system's "heartbeat" or clock.
- **Molecular Vibrations:** Chemical bonds act like springs. Infrared spectroscopy uses resonance to identify molecules based on their vibrational frequencies.

### 6.6 Worked Examples

#### Example 1 – Mass-Spring Oscillator

A 0.5 kg mass is attached to a spring of stiffness 200 N/m. Find the frequency of oscillation.

$$\omega = \sqrt{\frac{k}{m}} = \sqrt{\frac{200}{0.5}} = \sqrt{400} = 20 \text{ rad s}^{-1}$$

$$f = \frac{\omega}{2\pi} = \frac{20}{6.283} \approx 3.18 \text{ Hz}$$

So, the system oscillates about 3 times per second.

#### Example 2 – Pendulum

A simple pendulum of length  $L=1.0$  m. Find the period of small oscillations.

$$T = 2\pi \sqrt{\frac{L}{g}} = 2\pi \sqrt{\frac{1}{9.81}} \approx 2.01 \text{ s}$$

So, it swings back and forth every ~2 seconds.

### Real-Life Engineering Applications

- **Mechanical Systems:**
  - Car suspensions (damping).

- Clock pendulums (timekeeping).
- Seismographs (earthquake detection).
- **Electrical Systems (AC Circuits):**
  - LC circuits oscillate between electric and magnetic energy.
  - Resonance used in tuning radios and wireless communication.
- **Civil Engineering:**
  - Buildings/bridges designed to avoid resonance with wind or earthquake frequencies.
- **Medical Applications:**
  - Ultrasound imaging uses oscillations of high-frequency sound waves.
  - MIR scanner gives a detailed three-dimensional view of the body.
  - Heart pacemakers rely on periodic electrical oscillations.

### Activity: Practical CUMSM 110 No.2

#### Simple Harmonic Oscillations on a Pendulum

**Objective:** To verify that the period of a simple pendulum is independent of mass and amplitude (for small angles) and depends only on length ( $L$ ) and gravity ( $g$ ).

**Key Relationship to Verify:**  $T = 2\pi \sqrt{\frac{L}{g}}$

**Plotting:** Plot  $T^2$  vs  $L$ . The slope of this graph can be used to experimentally determine the acceleration due to gravity ( $g$ ).

#### Exercises

1. At time  $t = 0$ , the displacement  $x(0)$  of the block in a linear oscillator like that of Fig. 2 is  $-8.50 \text{ cm}$ . The block's velocity  $v(0)$  then is  $-0.93 \text{ m/s}$ , and its acceleration  $a(0)$  is  $45.0 \text{ m/s}^2$ . Determine,

- (i) the angular frequency of this system,
- (ii) the phase constant and
- (iii) the amplitude of this system.

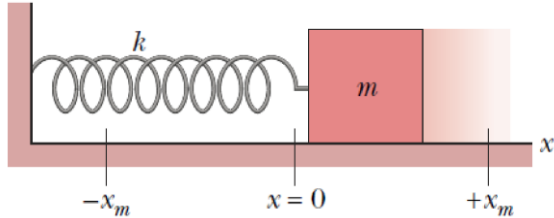


Fig 2.

2. A block weighing 20 N oscillates at one end of a vertical spring for which  $k = 100 \text{ N/m}$ ; the other end of the spring is attached to a ceiling. At a certain instant the spring is stretched 0.30 m beyond its relaxed length (the length when no object is attached) and the block has zero velocity.
  - a) What is the net force on the block at this instant?
  - b) What is the amplitude and,
  - c) period of the resulting simple harmonic motion?
  - d) What is the maximum kinetic energy of the block as it oscillates?
3. Consider the simplified single-piston engine in Figure 3. Assuming the wheel rotates with constant angular speed, explain why the piston rod oscillates in simple harmonic motion. [4]

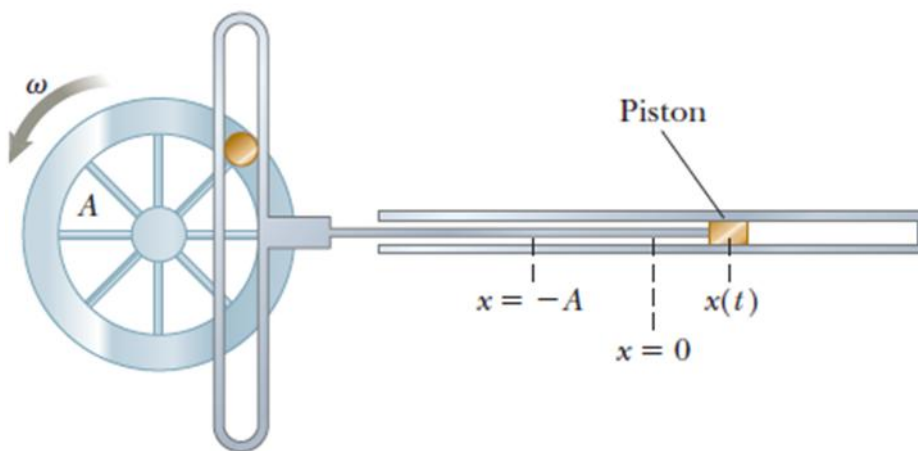


Figure 3